



**TAIPEI AMERICAN SCHOOL
STUDENT-ATHLETE/PARENT
HANDBOOK
2017-2018**





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Director PE/Health and Sports

From the Director

“The mission of the athletics department at Taipei American School is to develop future leaders by cultivating an environment that promotes education, healthy competition, and personal growth through athletics. The department supports the mission and standards of Taipei American School by providing equitable opportunities for student-athletes to participate in quality international athletic competition, while placing intrinsic value on integrity, ethical conduct, academic excellence, athletic achievement and competitive spirit.”

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I. INTRODUCTION

The Taipei American School (TAS) Athletics Student-Athlete/Parent Handbook is a reference guide for student-athletes and parents concerning the policies that govern interscholastic athletics at TAS.

Sound reasoning, good judgment and adherence to the school's core values of Honesty, Respect, Responsibility, Kindness and Courage will be the standard by which situations outside these stated rules and regulations are determined and evaluated.

Participation in the TAS athletic program is voluntary, thus, competition in athletics is a privilege and not a right. With this privilege, the student-athlete is expected to conform to the high standards of the athletic program. This privilege may be revoked if the athlete fails or refuses to comply with the spirit of the rules, policies and procedures.

II. TAS PHILOSOPHY OF ATHLETICS

The fundamental principal for competitive athletics at TAS is serving the education of the student. Athletics promotes and supplements the regular curricular program at school. Our concern is the personal development of each athlete, and even though winning is important, the coach's primary interest is the athletes personal growth and emotional stability. With this in mind, each coach should make every attempt to instill in our athletes the following attitudes:

- a) the competitive urge to excel
- b) the commitment to be the best that they can be
- c) the acceptance of officials' decisions without argument
- d) an understanding of their sport
- e) the love and respect for their sport
- f) a high sense of honor, duty and ethical character that is necessary for team play
- g) the knowledge that participation is its own reward, and the special privileges for participants are not to be expected or condoned
- h) a cooperative spirit
- i) a sense of representing their community

TAS is partnered with the Positive Coaching Alliance (PCA), dedicated to developing "Better Athletes, Better People" by working to provide all youth and high school athletes a positive, character-building youth sports experience." All coaches complete an annual PCA certification.

Please visit <https://www.positivecoach.org/> for more information on PCA.

III. CONFERENCE AFFILIATION

TAS competes interscholastically as a member of Interscholastic Association of Southeast Asian Schools (IASAS) along with the International School Bangkok (ISB), International School of Kuala Lumpur (ISKL), International School Manila (ISM), Jakarta Intercultural School (JIS), and Singapore American School (SAS). TAS also competes against local and other on-island and off-island international schools.

IV. MESSAGE TO PARENTS

Parents are vital to the TAS athletics program. These guidelines are provided to you because your son or daughter has indicated a desire to participate in TAS interscholastic sports and you have expressed your willingness to permit him/her to compete. A student who elects to participate in athletics is making a choice of self-discipline and good training habits. Participation in sports provides a wealth of opportunities and experiences which assist students in personal growth and development. Both parenting and coaching are extremely challenging vocations, and the partnership between parents and coaches is a key dynamic to the overall growth experience of a student-athlete. By establishing an understanding of each position, we are better able to accept the actions of the other for the benefit of the student-athlete. As parents, when your children become involved in our program, you have the right to understand the expectations that are placed on your child. This begins with clear communication from your student-athlete's coach.

A. Coach/Parent Relationships

Our coaches are experienced, professional educators. They use their experience and expertise to coach young men and women and are required to make judgment decisions based upon evaluation of practice performance and what they believe to be in the best interest of all those in their program. Certain topics can and should be discussed with your student-athlete's coach.

1. Communication you can expect from your coach

- Philosophy of the coach
- Expectations the coach has for your student-athlete as well as the team
- Locations and times of practices, contests and events (students must consult with the coach before missing any scheduled sessions)
- Team requirements and rules
- Procedures to follow should your child be injured during participation
- Discipline resulting in the restriction or denial of your child's participation
- The availability of the coach to speak with you about your child if you should have a concern

2. Communication coaches can expect from parents

- General concerns expressed directly to the coach (at appropriate times)
- Notification of any schedule conflict which may involve an absence from practices or a contest well in advance.
- Notification of health or family concerns that may impact your student-athlete
- Your support for the program and positive encouragement for all involved

3. Appropriate concerns to discuss with coaches

- Ways to assist in your child's improvement
- Physical and mental treatment of your child
- Concerns about your child's behavior

4. Issues not appropriate to discuss with coaches

- Playing time
- Strategy, play calling
- Other student-athletes

5. Keeping athletics in perspective

- Emphasize that academics must always come first, and assist your child with good time management strategies
- Use athletics as a way to teach our children how to interact with other people during emotional situations. Help your child understand that athletic ability varies with body maturity and that effort is just as important, if not more important, as natural ability

6. Supporting the program

- Be supportive of the coaching staff. Being on a successful team is important to your athlete. Support the coaches' preparation plan. Talk to your athlete frequently about how things are going with his/her sport. Make arrangements to talk to the coaches privately and early about perceived problems.
- Be supportive of your athlete, ensuring he/she has the proper equipment for that sport, e.g. shoes. Attend as many of your athlete's contests as possible.
- During the season, take into consideration practice and games when planning family events or other activities.
- Understand the needs of a particular sport. Some take more equipment, while some take more time.
- Model positive behavior.

B. Housing Requirements (Upper School Only)

An essential aspect of being part of an international athletics program is hosting exchanges (competitions/tournaments) with our IASAS family of schools as well as other international schools. When TAS hosts an exchange/IASAS tournament, TAS relies exclusively on the TAS community to provide housing for visiting student-athletes. This is reciprocated when our student-athletes travel to other exchanges/IASAS competition sites. All student-athletes who participate in athletics each season are **required** to house at least two visiting student-athletes for that season. If student-athletes are unable to house, they are required to provide an alternate host family prior to the start of that season. Failure to comply with the housing agreement will result in the immediate removal of the student-athlete from a try-out or a team, the athlete will not receive credit for participation, and the athlete will not qualify for awards, athletic letters, or certificates.

The accommodations do not need to be fancy or special. Hosts are normally expected to provide breakfast and dinner or light snacks, a place to sleep, and transportation to and from the school. Per IASAS rules, there is a curfew each night at 9pm, or one-hour after the final event/activity. Without your support, IASAS events and exchanges would not be possible. [See Appendix 1 Housing]

C. Travel Expenses (Upper School Only)

Parents can expect to pay up to \$30,000NTD for each trip if your child is selected to participate on a travel exchange and/or an IASAS squad. TAS will cover costs above \$30,000NTD if the situation arises. On occasion, there may be costs associated with obtaining entry and departure visas. Students must travel with their passport on record with the TAS admissions office. ***Student-athletes must travel with a valid Alien Resident Certificate (ARC) (or valid visa) and MUST use their foreign passport that has at least six months validity;*** individual families are expected to obtain any visas that are required for a particular trip. Once notified of selection, travel participants are required to turn in their passports and ARCs immediately to the athletics department in order to identify any issues well in advance of travel

dates. **Parents must sign the acknowledgment form in order for your child to travel.** This form is available in **Appendix 5**.

D. PTA – Booster Club

The TAS Booster Club is an organization of volunteer parents of students and other members of the community who are interested in providing TAS student-athletes a great athletics experience. All teams benefit from the club's sponsorship of the following activities:

1. Assist with hospitality when TAS hosts tournaments/IASAS events
2. Operate concessions with the Athletics Council
3. Conduct post season wrap-up socials
4. Assist with customized team spirit T-Shirts
5. Communicate with the community to promote our sports teams

Parents are encouraged to support Booster Club activities by volunteering to become members. For additional information on the PTA – Booster Club, please contact Mrs. Susan Chen pta_chens@tas.tw.

V. MESSAGE TO STUDENT-ATHLETES

You owe it to yourself to get the most from your school experiences. Your foremost responsibilities are to broaden yourself and develop strength of character. You assume a leadership role when you are on an athletic team. The student body, the school community as well as the local community judge our school by your conduct and attitude, when you are participating on a sports team. This leadership role provides you an opportunity to contribute greatly to school spirit and community pride. You are a role model, especially for the middle and lower school students. Remember to set a good example.

A. CODE OF CONDUCT/SPORTSMANSHIP

The TAS values of Honesty, Respect, Responsibility, Kindness and Courage serve as the bedrock for our student-athletes' conduct in all aspects of their athletics experience. It is important that a TAS student-athletes' behavior is above reproach at school, in the classroom and on the competition venue and especially those privileged to represent TAS at other host IASAS schools. All students should treat everyone they come in contact at school with respect and this includes the athletics department administrative staff, equipment manager and the custodial staff.

Participation in the TAS athletics programs is a privilege, not a right. To earn that privilege, administrators, coaches, and student-athletes must conduct themselves as positive role models who exemplify good character and in a manner consistent with the following principles preceding, during, and following athletics events:

Taipei American School expects spectators at athletic events to adhere to the highest standards for good sportsmanship; all spectators must be respectful of players, coaches, officials, and other spectators. We encourage applause and cheering, but we prohibit critical or derogatory comments made to anyone involved in the event. We believe that the game itself should be left to the players, coaches, and officials, and places great importance on the principles of sportsmanship and the ideal of pursuing victory with honor.

- *Exhibit respect and courtesy toward all participants, including opposing student-athletes and coaches, and officials;*
- *Exercise restraint in your actions, both physical and verbal, towards other participants;*

- *Comment about other institutions, coaches, and student-athletes only in a positive manner;*
- *Refrain from making public comments critical of officials or the quality of their work.*

Failure to follow these standards could result in a penalty, as prescribed by the US/MS Administration, Athletics Director (AD) and/or the IASAS Athletic Conference.

B. MISCELLANEOUS

1. Initiations/Hazing/Bullying

Student-Athletes are expected to be leaders and mentors for younger students. Initiation rituals, hazing and bullying are not acceptable and will not be tolerated. One is expected to lead by example. Leave a positive legacy during your time at TAS.

2. Locker room conduct

Student security and safety in the locker room facility are priorities of the coaching staff. Each student-athlete is responsible to assist in keeping the locker room area clean, safe, and secure.

- Absolutely no horseplay. Injuries and/or bad feelings may result from this foolish action.
- Lock and re-check your locker before leaving the locker room.
- Do not share lockers whenever possible or share your combination with any other person.
- Report any missing items to your coach or administrator immediately.
- Clean your area as you leave each day.
- Treat the facility with respect.

3. Social Media

Student-athletes are reminded to always use good judgment when using social media. Think twice before posting on Facebook, Twitter, or other social media platforms. An individual's online behavior should reflect the same standards of respect that one would use face-to-face. Social media venues including wikis, blogs, photo and video sharing sites are very public, and what you contribute leaves a digital footprint. Do not post anything you wouldn't want friends, enemies, parents, teachers, or a future employer to see.

Report any inappropriate use of social media to include cyber bullying and harassment to a coach, teacher or administrator immediately.

4. Language

Profanity will not be tolerated at any time.

VI. UNIFORMS/EQUIPMENT

All uniforms/equipment issued to you is owned by TAS. Please treat your uniform/equipment with respect. You are responsible to pay for stolen, lost, or damaged equipment or uniforms (including altered uniforms) at the **replacement cost \$4000NTD** (for any/all of a uniform set). Athletes may not use personal equipment when equipment is provided by TAS. This includes fundraising materials and/or money.

Uniforms must cover undergarments; spandex must be the same color as the uniform. Hats and/or headbands should be uniform and consistent with teammates. Head coaches will determine appropriate practice attire. All students must dress in designated areas and not in public. All athletic department uniforms, gear and equipment will adhere to the TAS Athletics Style Guide [See Appendix 4 TAS Style Guide].

VII. ATHLETIC TRAINING AND MEDICAL SERVICES

In the event of an injury to an athlete, the athletic trainer and/or activity nurse will be the first line of defense. The Athletic Trainer will be the only person to make a return to play decision regarding any athlete if a true injury is sustained. If the injury is a concussion, TAS's protocol will be set into place and cannot be altered. Any orthopedic injuries will be dealt with on an individual basis. Any mandatory instructions from a Medical Doctor will stand, and can only be overturned by the legal guardian of the athlete.

Physicals - All students are required to complete a physical conducted by a medical doctor prior to trying out for any sport at TAS. *This is an annual requirement.* The Health Office and Athletic Trainer will follow up on any team member who does not have a yearly physical on file. Any student without a physical prior to the start of try-outs, will be unable to try-out for that season until they have completed the yearly physical.

VIII. STRENGTH AND CONDITIONING

The Tiger Health and Wellness Center is open only to TAS students and faculty. There are two strength and conditioning coaches on staff. All users must complete an orientation and safety briefing with the strength staff prior to using the facility. Students are highly encouraged to use the facilities during all published hours of operation.

Middle School athletes may use the gym over the summer after meeting with the head strength coach to develop a program as well as completing the orientation and safety briefing.

IX. ACADEMIC RESPONSIBILITIES

- a) An "F" in any class excludes an athlete from all participation (subject to admin review)
- b) 3 "Ds" would require a conference with teachers, administrators and the athletic director before IASAS participation is allowed.
- c) In most cases it will be a student's quarter grade that will be the determining factor
- d) To facilitate the policy, the following will occur:
 - 1) Counselors and teachers are notified of all sports rosters as soon as possible after the selection of teams
 - 2) At four weeks prior to IASAS a list of all Varsity players will be given to US teachers
 - 3) Teachers can then notify the AD of student problems. All parties can then work together to improve the students' academic standing
 - 4) At two weeks prior to IASAS, no changes will be made and rosters will be submitted to the host school
- e) Make-up work. The school policy states the following: Students have until the Friday following an IASAS tournament to make up work. Work that is due the day of departure should be turned in prior. No tests or quizzes will be required for an IASAS student during the first two days following an IASAS event. ALL missed tests may be made up as early as the third day following their tournament, at the discretion of the teacher. It is the responsibility of the student to plan a make-up strategy with their teacher.

X. TRYOUTS/TEAM ROSTERS

Individuals who plan to try out for a team must make every effort to be at the first day of try outs. In the case of extenuating circumstances, individuals need to notify the coach and Athletic Director prior to the first day of try outs.

Tryouts should last no longer than five days for US athletes and three days for MS athletes. Coaches will notify individuals verbally once they select their season roster. Squad selection is based on ability and "cuts" are made at the discretion of the coach. Coaches will provide an

assessment for all athletes involved in finals cuts. If a student-athlete “tries out” for a team and is not selected in the first round of cuts, he/she is invited to try out for another sport after coordinating with the head coach.

In varying sports programs, IASAS rosters are not reflective of a team’s season roster. Coaches must select their IASAS rosters (must be turned in to host schools) no later than the Tuesday, two weeks preceding the tournament unless otherwise stated by the host school (IASAS rule). Students should always consult the coach before missing any tryout/practice, and no student should quit any sport without first consulting the coach. See Appendix 1 for the 2017-2018 TAS Sports Offerings Matrix.

XI. TRAINING/PRACTICE SESSIONS

In season athletes are required to be at all scheduled practices and competitions unless excused by their head coach. Athletes are encouraged to communicate as soon as possible with their head coach to resolve any schedule conflicts. Additionally, due to the myriad of school activities that many of our student-athletes also participate in, team meetings and gatherings will normally not take place during the school day.

Practices occur in two time blocks, early practices are from 3:45pm-5:15pm (allows students to reach the 5:30pm bus). Late practice is from 5:15-6:45pm. Coaches will notify parents in advance if a practice will preclude the use of the late bus (late practice). Practices are not scheduled on Sundays, special holidays such as Christmas Day, Thanksgiving, and Double Ten. There may be opportunities to schedule optional practices at these times but student-athletes are not required to attend these sessions. Students need not be excused to complete tests or homework which can be completed during free periods or at other times (make-up work following exchanges are allowable). Consultation with individual teachers is often helpful in resolving these issues.

XII. Sport Specific Training (SST)

The athletics department offers seasonal “SST” sessions to provide additional time to remedy many of the athletic challenges and variables that plague our coaches and student-athletes during the start of each sports season. Examples: limited cardiovascular endurance, improper footwork, poor team chemistry or relationships, inadequate strength and explosion, inability to understand fundamental movements and drills etc. Additionally, the athletic department will provide and monitor “Open Gyms” when facilities are open/available to promote open play (See Appendix 2 Practice and Competition Schedules for SST Sessions and Open Gyms).

1. Year-Round SST (Agility & Explosion):

SST sessions offerings occur one to four times every week in seasons 1 through 4. Any and all willing student-athletes from grades 6-12 are eligible to attend. The objective of these sessions is to consistently provide a resource for all TAS students to improve their physical composition and athletic ability in preparation for the sport/activity of their choice. When possible, MS and US sessions will be separate.

2. Seasonal SST (Standard Sport) Guidelines:

- a. All interested student-athletes can take part in seasonal or year-round “SST” (MS and US demographic only).
- b. Seasonal SST sessions only offered in the season leading up to the competitive season.

- c. At least 2-3 sessions offered per week to include Saturday mornings for applicable programs. These sessions may be split into MS and US sessions or by gender sessions (program leaders will determine this split).
- d. “SST” sessions are mandatory. Student-athletes may have one excused absence per season (students must coordinate with SST coach/leader at least 24-hours in advance).
- e. Varsity coaches in each respective sport can “pop-in” or briefly view an “SST” session.
- f. “SST” sessions will be allotted based on facility availability, program offerings and the sports general interest at TAS.

3. SST instruction and Implementation:

“SST” curriculum can be delivered in a variety of ways. The athletic department will work closely with all program leaders to create the best training atmosphere possible. Each varsity head coach is considered a “Program Leader”, unless otherwise specified. As a program leader, it’s their responsibility to collaborate with all other coaches within the program, the athletic department, their athletes and potential trainers. Examples:

- Program Leaders are prohibited from coaching SST sessions in the same sport (except in rare circumstances). A prolonged presence may suggest mandatory attendance is required. Thus, reducing the number of multi-sport athletes long-term. This particular guideline should mitigate any suggestive mandates. All other coaches/teachers are eligible to coach SST sessions.
- Program Leader collaborates with coaches/assistants to deliver curriculum during SST.
- Program Leader/SST Coaches distributes “SST” routine directly to varsity athletes for execution.
- All SST coaches will take attendance each session. Students are permitted one excused absence per season properly coordinated 24-hours in advance with the SST coach. Any additional absences will result in a drop from the SST for that season.

XIII. Middle School Competitive (C) and Competitive Prep (CP) Team Specifics

Competitive prep teams are NOT mandatory and only necessary when athlete participation exceeds the available positions allotted for the “Competitive” team. The decision to field a competitive prep team is the collaborative decision of program coaches and the program leader.

1. Competitive Team:

- Consists of the best players available in the MS program (typically predominantly 8th graders)
- Proper implementation of upper school sport philosophies and strategy should occur.
- The effort/energy necessary to improve daily and outperform the opponent should be emphasized.
- If the sport is aligned, athletes can take part in upper school practices, if applicable.
- Regardless of talent or acumen, athletes cannot participate in organized upper school competition.
- 3 touches each week (6 touches every two weeks) 1 competition/game each week

2. Competitive Prep Team:

- Consists of the best remaining athletes who did not successfully earn a “competitive team” roster spot (must have enough participants to field a team).
- All athletes will be of the 6th/7th grade level.
- 8th grade athletes are prohibited from earning a roster spot.
- An emphasis on fundamental movements and strategy for each specific sport is the primary focus.
- 2 touches each week (4 touches every two weeks) 1 competition/tournament each season (weekdays or Saturdays)

3. Sports Development Program (SD)*

Previously our MS competitive program was limited to one team per sport. This eliminated the participation of many 6th and 7th grade student-athletes. The new Sports Development program will provide the organization and competitive edge necessary to educate student – athletes who fell through the cracks and prepare them for future TAS competitive sports. The new Sports Development Program will ensure TAS remains vigilant of its sports mission.

*** NEW! Beginning in 2017-2018, MS students may participate in sports development AND SSTs.**

Sports Development Program Keys

- Relationship with Taiwan International School Sports Association (TISSA)
- Tournaments or organized competition for each SD sport
- Less teams/lower student-athlete/coach ratio
- Focus on only five primary sports (Basketball, Soccer, Volleyball, Touch, Badminton)
- Increased emphasis on practice curriculum and student-athlete education
[See Appendix 2 for season practice/competition schedules]

Below are the authorized team contacts (practices/competition) for each level of participation. Contacts are inclusive of games. There are no scheduled contacts for Sundays.

TEAM	CONTACTS
Varsity	5/week
Junior Varsity	4/week
Freshmen	3/week
Middle School Competitive	3/week
Middle School Competitive Prep	2/week
Sports Development	2/week
SSTs	1-2/week

Teams will not begin practices without a coach present. No equipment is to be supplied to team members without direct supervision. (See Appendix 2: Practice and Competitive Schedule)

XIV. AWARDS

Varsity, JV and freshmen awards are presented at the end of year Awards Banquet to every participant completing the season in good standing.

Middle school athletes will receive a certificate of participation at the conclusion of their respective season.

TAS Athletic Awards and Standards (US Only)

Certificate of Participation – Presented to all Freshmen and Junior Varsity athletes completing the season in good standing.

Varsity Letter - Presented to all athletes completing the season in good standing that are not receiving the “Sports Letter Award” (below).

Sports Letter Award (“T”) - Presented to all Varsity athletes completing the season in good standing and who attended IASAS. Additional athletes may be awarded a letter if they have been part of a Varsity squad for two years but were not selected for an IASAS squad.

Coaches Choice Award, an all-encompassing award presented to one Varsity, JV and Freshman athlete per team; may be presented for hustle, sportsmanship, commitment etc.

M.V.P. - Presented to one athlete per Varsity team as selected by coaching staff.

Outstanding Senior Athlete - Selected by the Varsity coaching staff, this award will be presented to one senior girl and one senior boy at the Sports Banquet in May. Performance, leadership, and behavior are all given as criteria.

Scholar Athlete - This award goes to the senior that has excelled in both athletics and academics and has the highest cumulative GPA, and must attend an IASAS.

IASAS Scholar - Awarded to an athlete who takes part in at least two IASAS events and earns a cumulative GPA of 4.0 or above.

Leadership and Character Award – This is a special award that goes to the senior(s) who exhibits exceptional leadership and character both *on and off the field*. This award is not an annual award.

The expectation is that all award recipients conduct themselves at all times in a way to bring credit to the school. They are also expected to have returned all equipment and uniforms before any award may be granted.

Sports Lettering Criteria (US Only)

Athletes must make a personal commitment to attend all practices set by his/her coach and contribute positively to the team; follow behavioral guidelines; be a student in good standing throughout the season; be selected for the IASAS Traveling Team or play two consecutive years in the Varsity Squad.

The below lists the total number of eligible athletes who may letter for each sports team.

SEASON 1	SEASON 2	SEASON 3
Boys and Girls Cross Country (IASAS squad + 2)	Girls and Boys Basketball (IASAS squad + 2)	Boys and Girls Badminton (IASAS squad + 3)
Boys and Girls Soccer (IASAS squad + 2)	Boys Rugby (IASAS squad + 4)	Boys and Girls Golf (IASAS squad + 2)
Boys and Girls Volleyball (IASAS squad + 4)	Girls and Boys Swimming (IASAS squad + 4)	Boys and Girls Baseball/ Softball (IASAS squad + 3)
	Girls Touch (IASAS squad + 2)	Boys and Girls Track & Field (IASAS squad + 5)
	Boys and Girls Tennis (IASAS squad + 3)	

XVI. STAFF DIRECTORY

Director of Physical Education/Health and Sports (K-12), Ryan Mueller - Ext 590
Athletics Director, Kim Kawamoto - Ext 587
Sports & Activities Information Photo Journalist, Mike Corsini – Ext 257
Athletics Scheduler, Chia Chi Huang - Ext 588
Head Strength and Conditioning Coach, Trey Mitchell - Ext 113
Assistant Strength and Conditioning Coach, Denny Wen - Ext 113
Athletic Trainer, Amber Hardy – Ext 112
Assistant Athletic Trainer, Debbie Shih – Ext 112
Rehabilitation Specialist, Jerry Chen – Ext 112
US/MS Athletics Fitness Coach, Anthony Poole - Ext 112
Office Manager-Athletics, Sherry Liang - Ext 319
Athletics/PE Administrative Assistant, Kally Sheng – Ext 584
Athletics Security and Operations Manager, Steve Tsao – Ext 321
Athletics Equipment Manager, Phil Tsai – Ext 321
Athletics Assistant Equipment Manager, Gary Huang – Ext 321
Athletics Operations Assistant, Gavin Liu – Ext 321
Athletics Operations Assistant, Henry Lu – Ext 321

Appendix 1 - Sports Program Offerings Matrix 2017-2018

SIGN UPS DATES	TRYOUT/ START DATES	SCHOOL	PROGRAM OFFERINGS	SEASON DATES
SEASON 1				
5/15 – 8/4//2017	8/11, 12, 14-16/2017	US	Soccer, Volleyball, X-Country	8/14-10/6/2017 (10/15 for Varsity)
8/7-11/2017	8/14-18/2017	MS	Competitive/Competitive Prep: Golf, Soccer, Volleyball, X-Country	8/14-10/6/2017
8/7-11/2017	8/22/2017	MS	Sports Development: Volleyball	8/22-10/28/2017
5/7/2017	8/21-25/2017	US	SST: Agility/Explosion , Basketball, Golf (US; MS-only until November), Rugby, Swimming, Touch, Tennis	8/21-10/6/2017
8/7-11/2017		MS		
SEASON 2				
5/15 – 8/4//2017	10/23-27/2017	US	Basketball, Rugby, Swimming, Tennis, Touch	10/23/2017-1/26/2018 (2/4 for Varsity)
9/25-10/6/2017	10/18-20/2017	MS	Competitive/Competitive Prep: Basketball, Rugby, Touch, Swimming	10/18/2017-1/26/2018
9/25-10/6/2017	1/9/2018	MS	Sports Development: Soccer	1/9-3/2/2018
9/25-10/6/2017	10/30-11/3/2017	US/MS	SST: Agility/Explosion , Badminton, Baseball, Golf (MS only until week of 1 Dec), Softball	10/30/2017-1/26/2018
SEASON 3				
5/15 – 8/4//2017	2/21-27/2018	US	Badminton, Baseball, Golf, Softball, Track & Field	2/21-4/6/2018 (4/15 for Varsity)
1/17 – 31/2018	2/7-9/2018	MS	Competitive/Competitive Prep: Badminton, Tennis, Track & Field	2/7-4/6/2018
1/17 – 31/2018	1/9/2018	MS	Sports Development: Soccer	1/9-3/2/2018
1/17 – 31/2018	3/6/2018	MS	Sports Development: Basketball	3/6-5/12/2018
1/17 – 31/2018	2/26-3/2/2018	US/MS	SST: Agility/Explosion	2/26 - 4/6/2018
SEASON 4				
4/2 – 11/2018	4/18-20, 23, 24/2018	MS	Competitive/Competitive Prep: Baseball, Softball	4/18-5/25/2018
1/17 – 31/2018	3/6/2018	MS	Sports Development: Basketball	3/6-5/12/2018
4/2 – 11/2018	4/17/2018	MS	Sports Development: Badminton, Touch	4/17-5/25/2018
5/15 – 8/4//2017	4/23-27/2018	US/MS	SST: Agility/Explosion , Golf, Soccer, Volleyball, X-Country	4/23-5/25/2018

Offerings and Schedules subject to change

Please see Appendix 2.1-2.4 in the Student-Athlete Parent Handbook for practice/competition times, days and locations.

US Signups for tryouts take place prior to the start of a new school year; students sign up for all four seasons; make-up sign-up dates are listed

Students selected for competitive teams MAY NOT participate in any SST sessions and/or sports development sessions in that season

MS Competitive Prep teams are only fielded if warranted (e.g. participant numbers, facilities availability)

SSTs - Students may sign up for the Agility/Explosion AND a sport SST. Students can only sign up for ONE sport SST each season; enrollment caps apply

MS students may participate in one Sports Development AND one SST each season; activities are limited to one session per day.

Physical Exams are required annually for all student-athletes participating in athletics

Appendix 2.1 - Practice and Competition Schedule Season 1 (2017-2018) [Subject to Change]

TAS ATHLETICS - SEASON ONE

3:45-5:15pm						
SEASON DATES - US - Aug 11 - Oct 15 (IASAS) MS - Aug 15 - Oct 6, Sports Development Aug 22-Oct 28, SST Aug 21 – Oct 6						
	M	T	W	TH	F	S
Lower Field 1	MSC + CP Soccer (Girls)	V Soccer (Boys)	MSC Soccer (Boys)	V Soccer (Girls)	V Soccer (Girls)	SST (Touch/Rugby)
Lower Field 2	MSC+CP Soccer (Boys)	V Soccer (Girls)		V Soccer (Boys)		
Lower Field End Zone	SST Agility & Explosion	MS CP Competitions (Boys + Girls) (TBD)				
Upper Field	JV Soccer (Boys)	SST (Touch/Rugby)	SST (Touch)	JV Soccer (Boys)	MSC + CP Soccer (Boys)	
LS	JV VBall (Girls)	MSC+CP VBall (Boys)	V VBall (Girls)	MSC+ CP VBall (Boys)		
MS 1	V VBall (Boys)	Development Volleyball	MSC + CP VBall (Girls)	Development Volleyball	MSC Vball (Boys + Girls)	V VBall (Boys & Girls Practices - TBD)
MS 2						
US 1	V VBall (Girls)	JV VBall (Girls)	V VBall (Boys)	JV VBall (Boys)	JV VBall (Boys)	V VBall (Boys & Girls Practices - TBD)
US 2				JV VBall (Girls)		
CTC/OTC	SST (Tennis)	SST (Tennis)	SST (Tennis)	SST (Tennis)		
POOL					SST (Swimming)	
Batting Cage						
Golf Center	SST (Golf)	MS Golf	MS Golf	MS Golf	SST (Golf)	MS Golf
OFF CAMPUS	XC/JV CC	XC/JV/MS CC	XC/JV CC	XC/JV/MS CC	XC/JV CC	XC/JV/MS CC
5:15-6:45pm						
	M	T	W	TH	F	S
Lower Field 1	V Soccer (Boys)	JV Soccer (Boys)	MSC Soccer (Girls)	MSC Soccer (Girls)	V Soccer (Boys)	
Lower Field 2	JV Soccer (Girls)					
Upper Field	V Soccer (Girls)		V/JV Soccer (Boys)	SST (Rugby)	MSC + CP Soccer (Girls)	
LS	JV VBall (Boys)	Development Volleyball		SST (Basketball MS)	JV VBall (Girls)	
MS 1/2	MSC + CP VBall (Girls)	SST (Basketball - MS)	SST (Basketball - US)	Development Volleyball		
US 1	SST (Basketball - US)	V VBall (Boys + Girls)	JV VBall (Boys)	SST (Basketball - US)	V VBall (Boys + Girls)	
US 2						
CTC/OTC						
POOL			SST (Swimming)			

MS Sports	Soccer (MSC), Volleyball (MSC), Cross Country (MSC), Golf	* Denotes Competitions
US Athletics	Soccer, Volleyball, XC	MSC=MS Competitive
Sports Development	Volleyball	MS CP=MSC Prep
SST	Agility & Explosion, Basketball, Golf, Rugby, Tennis, Touch, Swim	#Requires Supervision
		SST = Sport Specific Training

For daily/weekly up to date schedules, visit: <https://www.tas.edu.tw/athletics/athletics-calendars>

Appendix 2.2 - Practice and Competition Schedule Season 2 (2017-2018) [Subject to Change]

TAS ATHLETICS - SEASON TWO

3:45-5:15pm						
SEASON DATES - US - Oct 23 (1st tryout) – Feb 4 IASAS; MS – Oct 18 (1st tryout) - Jan 26; Sports Development – 9-30 Jan; SST Oct 26 – 29 Jan						
	M	T	W	TH	F	S
Lower Field 1, 2	V/JV Rugby	V/JV Rugby	V/JV Rugby	MS/JV Touch	V Touch	Varsity practices and competitions (TBD)
Lower Field End Zone	SST (Agility/Explosion)	SST (Agility/Explosion)	MSCP Touch	SST (Agility/Explosion)		
Upper Field	MS/JV Touch	SST (FP Softball/Baseball)	MS/JV Touch	SST (FP Softball/Baseball)	Rugby/Touch	MS CP Competitions (Boys + Girls) (TBD)
LS	MSCP BBall (Boys)	SST FP Softball/Baseball	JV-B Bball (Boys)	MSC BBall (Boys)	JV-B BBall (Boys)	
MS 1	V Bball (Girls)	MSC + CP BBall (Girls)	SST Badminton	V BBall (Boys)	JV-A BBall (Boys)	
MS 2						
US 1	V BBall (Boys)	JV-A BBall (Boys)	MSC BBall (Boys)	V Bball (Girls)	JV BBall (Girls)	
US 2	JV-A BBall (Boys)	JV BBall (Girls)	MSC BBall (Girls)	JV BBall (Girls)		SST (FP Softball /Baseball- TBD)
CTC	V + JV Tennis (Boys)	V + JV Tennis (Girls)	JV Tennis (Boys + Girls)	V Tennis (Boys + Girls)	V Tennis (Boys + Girls)	
OTC						
POOL	V Swim (Boys & Girls)	V Swim (Boys & Girls)	MSC Swim (Boys & Girls)	V Swim (Boys & Girls)	V + MSC Swim (Boys & Girls)	
Batting Cage	# Two (2) SST Cage Sessions/Week					
Golf Center	SST (Golf)			SST (Golf)		
OFF CAMPUS		V/JV Touch Fitness	SST Baseball	SST Baseball		
5:15-6:45pm						
	M	T	W	TH	F	S
Lower Field 1, 2	V Touch	Development Soccer/ SST until Jan	V Touch	MS Rugby (Oct - Dec) / Sports Development (Jan)	JV Rugby (5:15-6:15pm) V Rugby (6:30-7:30pm)	
Lower Field End Zone						
Upper Field	MS Rugby	SST (FP Softball/Baseball)	MS Rugby	Sports Development Soccer		
LS	MSC Bball (Boys)	JV-B BBall (Boys)	V BBall (Boys)	MSCP BBall (Boys)	SST (Badminton)	
MS 1	JV Bball (Girls)	V BBall (Girls)	SST (Badminton)	JV-A BBall (Boys)	V BBall (Boys)	
MS 2						
US 1/US2	SST (Badminton)	V BBall (Boys)	V BBall (Girls)	MS+CP BBall (Girls)	V BBall (Girls)	
CTC	V + JV Tennis (Girls)	V + JV Tennis (Boys)	JV Tennis (Boys + Girls)	SST (Agility & Explosion)	V Tennis (Boys + Girls)	
OTC						
POOL	MSC Swim		V Swim (Boys + Girls)			

MS Sports
US Athletics
Sports Development
SST

Basketball, Rugby/Touch, Swim
Basketball, Rugby/Touch, Tennis, Swim
Soccer
Agility & Explosion, Baseball/Fast-Pitch Softball, Badminton

*Denotes Competitions
MSC=MS Competitive
MS CP=MSC Prep
Requires Supervision
SST = Sport Specific Training

For daily/weekly up to date schedules, visit: <https://www.tas.edu.tw/athletics/athletics-calendars>

Appendix 2.3 - Practice and Competition Schedule Season 3 (2017-2018) [Subject to Change]

TAS ATHLETICS - SEASON THREE

3:45-5:15pm						
SEASON DATES - US - Feb 7 (1st tryout) - Apr 15 (IASAS), MS - Feb 7 (1st tryout) – April 6, Sports Development 8 Feb – 2 Mar (Soccer); 6-22 Mar (Basketball), SST Feb 26 – Apr 6						
	M	T	W	TH	F	S
Lower Field 1	Track & Field (US/MS)	SD Soccer (7 - 28 Feb)	Track & Field (US)	Track & Field (US/MS)	Track & Field (US)	TRACK & FIELD (US/MS)
Lower Field 2						
Upper Field	V FP Softball	JV Softball	V FP Softball	JV FP Softball	V FP Softball (DH)	
LS	SST (Open Gym)	SD Basketball	MS CP Badminton (Boys)	SD Basketball	MS CP Badminton (Girls)	
MS 1	SST (Agility/Explosion)	SD Basketball	JV Badminton (Girls)	SD Basketball	SST (Agility/Explosion)	
MS 2						
US 1	MSC Badminton (Boys + Girls)	JV Badminton (Boys / Girls)	V Badminton (Boys + Girls)	MSC Badminton (Boys + Girls)	JV Badminton (Boys + Girls)	
US 2						
CTC	MS Tennis (Girls)	MS Tennis (Boys)	MS Tennis (Girls)	MS Tennis (Boys)	MS Tennis (Boys + Girls)	
OTC						
Batting Cage	V FP Softball (Girls)	JV Baseball (Boys)	V Baseball (Boys)	JV FP Softball (Girls)	FP Softball/Baseball (V Girls/JV Boys)	
POOL						
Golf Center	SST (MS Golf)	Golf	SST (MS Golf)	Golf	Golf	
Off Campus	Baseball	Golf/Baseball	Golf/Baseball	Golf/Baseball	Baseball	Golf
5:15-6:45pm						
	M	T	W	TH	F	S
Lower Field 1	V/JV Baseball	Development Soccer	V/JV Baseball	V/JV Baseball	TRACK & FIELD (US/MS)	
Lower Field 2						
Upper Field	JV Softball	V Softball	JV Softball (Girls) DH	V Softball	V Softball DH	
LS	Baseball	Baseball	Baseball	Baseball	Baseball	
MS 1	MS CP Badminton (Boys)	MS CP Badminton (Girls)	JV Badminton (Boys)			
MS 2						
US 1	V Badminton (Boys + Girls)	V Badminton (Boys + Girls)	MSC Badminton (Boys + Girls)	JV Badminton (Boys+ Girls)	V Badminton (Boys + Girls)	
US 2						
CTC					MS Tennis (Boys + Girls)	
OTC						
Batting CAGE	V Baseball (Boys)			FP Softball/Baseball (V Girls/JV Boys)	FP Softball/Baseball (V Girls/JV Boys)	
POOL						
GOLF CENTER	Golf		Golf			

MS Sports

Track & Field, Tennis, Badminton

*Denotes Competitions

US Sports

Track & Field, Badminton, Softball, Golf

MSC=MS Competitive
MS CP=MSC Prep
#Requires Supervision
SST=Sport Specific Training

Sports Development
SST

Soccer
Agility & Explosion, Golf

For daily/weekly up to date schedules, visit: <https://www.tas.edu.tw/athletics/athletics-calendars>

Appendix 2.4 - Practice and Competition Schedule Season 4 (2017-2018) [Subject to Change]

TAS ATHLETICS - SEASON FOUR

3:45-5:15pm

SEASON DATES – MS -Apr 18 - May 26 Sports Development – Apr 17-May 25 (Touch, Badminton), Basketball, SST Apr 17 – May 26

	M	T	W	TH	F	S
Lower Field 1	SST (Soccer)	Development Touch	SST (Soccer)	Development Touch	SST (Soccer)	
Lower Field 2						
Lower Field End Zone		SST (Agility/Explosion)		SST (Agility/Explosion)		
Upper Field	Baseball	Baseball	Softball	Softball		
LS		Development Badminton	SST (Agility/Explosion)	Development Badminton		
MS		Development Basketball	SST (Volleyball)	Development Basketball		
US 1	SST (Volleyball)	Development Basketball	SST (Volleyball)	Development Basketball	SST (Volleyball)	
US 2						
CTC						
OTC						
CAGE	Baseball		Softball			
OFF CAMUS	SST (Cross Country)		SST (Cross Country)		SST (Cross Country)	

5:15-6:45pm

	M	T	W	TH	F	S
Lower Field 1						
Upper Field						
LS						
MS 1						
MS 2						
US 1						
US 2						
CTC						
OTC						
CAGE						

TYP/MS
Sports
Sports
Development

Baseball, Fast-Pitch Softball (TYPA)

Basketball, Badminton, Touch

SST

Agility & Explosion, Soccer, Volleyball, Cross Country

* Denotes Competitions
MSC=MS
Competitive
MS CP=MSC Prep
#Requires Supervision
SST=Sport Specific Training

For daily/weekly up to date schedules, visit: <https://www.tas.edu.tw/athletics/athletics-calendars>

Appendix 3.1 Head Injury and Suspected Concussion Protocol for Student Athletes

Any student who experiences a head injury (bump, jolt, or blow) will be assessed and observed for a minimum of 30 minutes for a suspected concussion by the head athletic trainer. The SCAT3 sideline assessment will be used.

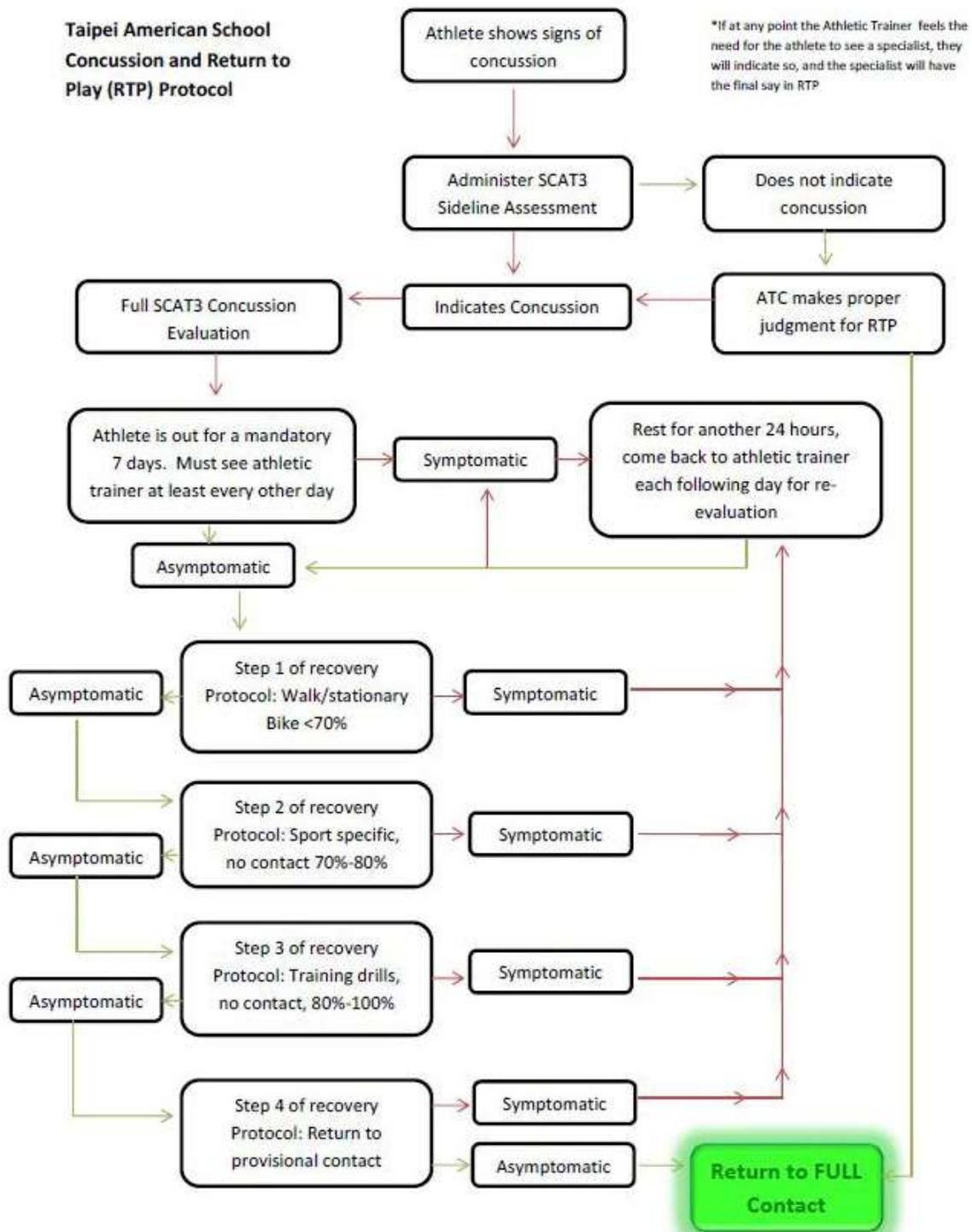
If a student with a head injury experiences one or more of the signs and symptoms of a concussion at any time during the initial observation period, he/she will be suspected of a concussion and immediately removed from play. The student will not return to play until they are evaluated by the head athletic trainer or medical doctor and have received medical clearance for return to play.

If a concussion is suspected, the athlete should not be left alone and should be monitored for worsening symptoms. If symptoms worsen and become emergent, the student will be transported to the nearest emergency department.

If no signs or symptoms of a concussion are present during the initial observation period, return to play is still not advisable. A parent/guardian will be notified of the risks of returning to play. Any activity should proceed with caution, understanding that symptoms can appear over time, and that the student should be observed closely during and after the activity.

Any athlete that is diagnosed with a concussion will not return to play on the day of injury. They will be required to complete the school's return to play protocol and be released by the head athletic trainer (before returning to any physical activities). If the athlete was examined by a medical doctor, a doctor's note must be provided and given to the school nurse and head athletic trainer before the student can return to physical activities.

Appendix 3.2 Taipei American School Concussion and Return to Play (RTP) Protocol



Appendix 4 Housing – IASAS Rules and Guidelines

I.A.S.A.S RULES & GUIDELINES

(Revised: 05/06)

Each participant and his/her parent must sign and return this form before traveling or hosting, by so doing they acknowledge that they fully understand and agree to abide by these RULES & GUIDELINES.

PARTICIPANTS

1. Smoking, drinking alcohol, drug abuse, cheating, deceit, inappropriate sexual behavior, flagrant curfew violations and violations of the “off-limits” areas as well as aiding and abetting any of the above will not be permitted during any IASAS event.

When a student commits an infraction relating to alcohol, tobacco, drug abuse, cheating, deceit, disrespect, flagrant curfew / “off limits” areas violations, as well as aiding and abetting any of the above, the following shall apply:

- i The student may no longer participate in that convention.
 - ii The student will be sent home at his/her parents’ expense if it is feasible to do so.
 - iii Upon return to school, the following consequences will apply:
 - Appropriate counseling will be required.
 - The student will be required to spend *all* free periods and breaks (including lunch breaks) in a supervised environment. This consequence will last for 20 school days following the determination of the infraction of the IASAS rule.
 - The student must leave campus at the end of the regular school day and may not come to school on weekends/holidays for a period of 40 instructional days. Any exceptions must have administrative approval, i.e. additional study, band concert, curricular trips.
 - The student will be excluded from co-curricular activities for a period of 40 school days following the determination of the infraction. The student will be excluded from any IASAS season/activity that begins within this 40-day period.
 - Consequences related to third sport season infractions may carry over to the following school year in cases of late discovery.
 - Revocation of IASAS Awards: Students will be ineligible for any awards pertaining to the activity.
 - Other Individual School’s Consequences: Depending on the severity and specifics of the infraction, individual IASAS schools may levy other consequences as per their school policy/handbooks, e.g. out-of-school suspension, exclusion from all IASAS events for one year.
 - iv. For a second offense, the student will automatically be excluded for one calendar year from all IASAS events, including the same convention the following year.
 - v. If at any time a student is suspended from further competition or involvement in an event, then the only results affected will be those happening after the infraction, and all pre-infraction results will stand.
 - vi Consequences will be carried over if the student transfers to another IASAS school.
2. Participants must notify coaches of hosts before leaving tournament/convention sites. Exploration of the local environment will not be permitted without the knowledge and consent of the host parent/guardian.
 3. Under no circumstances may housing assignments be changed.
 4. All visiting students must return to the host families’ house before curfew-as set by the host school. Telephone calls will be made to each student every night to ensure that all students have returned safely and on time. Once a student is in and has answered the curfew call he/she may not leave the house. Note,

Appendix 4 Housing – IASAS Rules and Guidelines (cont)

however, that should an event finishes so late that students have less than one hour to make curfew, the curfew will be extended so that they have at least one hour to make curfew.

5. All laws of the host country must be observed. Guidelines are to be provided by host schools as required.
6. No disciplinary action will be taken by the Tournament/Convention Director without direct communication with the respective coach/sponsor or trip Administrator.
7. The host school will arrange transport to and from the airport as well as the tournament/convention site.
8. Any problems arising during the convention should be reported immediately to the host school for corrective measures.
9. Student medical release forms will be available at the convention site each day of the event.
10. All students must carry their Tournament/Convention Identification Cards with them.

HOST FAMILIES

1. All host families will be provided with complete Tournament/Convention details (schedules, curfews, policies, procedures, emergency phone numbers for coaches and important tournament personnel, etc.).
2. **Host parents/guardians will not offer housing unless one of the parents/guardians is present for the duration of the tournament/convention.**
3. Hosts are expected to cooperate with Tournament/Convention Director in ensuring student compliance with all IASAS policies relating to participation.
4. Any student who shows reluctance to fully comply with the above rules and regulations shall be reported to the Tournament/Convention Director who will report the matter to the student's coach and Administrator in charge with the expectation that action will be taken.

All participants must comply with the group's established dress code on both departing and return flights, as well as closing awards ceremonies. The TAS travel dress code requires all participants to dress for trips and award ceremonies using the following guidelines:

- A. Khakis colored pants or skirts
- B. TAS travel shirt
- C. Dress shoes, no flip-flops
- D. Boys must wear belts
- E. No hats
- F. Girls skirts must be at least knee length

***Note: Failure to comply with the dress code may result in a student not traveling or partaking in the closing award ceremony. IASAS rules apply to all groups traveling overseas and during events hosted by TAS that include overseas teams. That is, these rules apply to exchanges, etc. and are not restricted to IASAS events. I have read the above listed rules and accept and understand them and agree to abide by them.**

Appendix 4.1 Housing – Hosting Suggestions

Some Suggestions for Hosting

Thank you for hosting our guests!!

Opening our homes to house visiting students is an important part of IASAS as well as other schools in the international community. The following notes and helpful suggestions have been collected from experienced hosts in the community. The wonderful cultural exchanges and athletic competitions which benefit our upper school students would not be possible without your warm hospitality. Thank you. We hope you have a great time with our visitors.

Host Family Responsibilities

Place to sleep...Transportation...Food....Laundry...And a warm welcome!!

Treat the students we host the way we would want our own children to be treated.

HOUSING QUESTIONS & ANSWERS

What are the IASAS Rules? IASAS rules are included in the housing request letter and are also included in this appendix. **All host students and visiting students are expected to abide by the IASAS rules and guidelines; including adherence to the 9:00pm curfew (Wed, Thu, Fri, on Saturday it will be one hour upon completion of the tournament banquet.** Students must acknowledge and read the rules in our online sign-up but a review together with your son or daughter is important to ensure you are familiar with the rules. **Students are not allowed to change their housing arrangements**, if there are questions please call or email me.

Host Pick-up/Drop-off times at TAS: are listed at the bottom of your housing sheet

Note: sometimes flights are delayed or visiting groups experience lost luggage, visa delays, or heavy traffic on the highway; please be aware we do our best to estimate arrival pickup times and keep our welcome talks as brief as possible to get you on your way home with your guests. Be prepared to be flexible.

How do visiting students get to our homes when they arrive?

Please plan to pick up your visitor and their suitcases by car or taxi at the suggested time and date. On your way home, start teaching them how to recognize the way from school to your home and back, so that they may walk or help guide taxis. Also talk about expected travel times between your home and TAS for morning and evening travel using the various travel modes your guests will be using. Give them the NEW wallet sized blue IASAS address card (to be given to you at pickup), which they will show to enter the TAS campus. Because your address is written in both English and Chinese on the card, remind them to carry it at all times. You might also write the school's name and address on the back of the card in Chinese for your guests.

Planning for Arrival Day Food: Arrival day dinner should be something easy and flexible this is so you do not end up being disappointed that you spent a lot of time planning a huge meal that gets cold due to a late arrival pickup. If the team arrives early and your home is near school you may be able to eat an early dinner in Tienmu with your guests. In most cases flights do not arrive early enough and

Appendix 4.1 Housing – Hosting Suggestions (cont)

the students are tired and ready to head home to rest and have a bite to eat at home. They will probably be starving, and shy about admitting it.

What time should we have them at school each day? Start times and schedules will be provided to host families for each hosting event. You need to provide transportation daily using the mode of transport that you normally use. The time that they need to be at school on Sunday is dependent on their flight departure and that information is written at the bottom of your housing sheet.

Appendix 1 Housing (Sample Hosting Letter/Permission Form and IASAS Rules & Guidelines)

How will students normally get back and forth to school? We ask that you accompany your son or daughter to pick up your guests on arrival day if it is convenient. Each evening it is important to discuss with your guests what time they need to leave to be on campus for the start of the next day. **Please help** make sure they wake up on time to eat before heading to school. You or your son or daughter should expect to accompany your TAS student by private car, taxi, or bus if it works for your location. They can return by taxi or whatever the normal method of transport you usually use with your son/daughter.

When we are unable to drive them, are taxis OK to use? MRT?

Yes, the students who visit have taken taxis and the MRT each year. **Instruct all students never to travel in taxis alone.** **They must be accompanied by a host when traveling. We do not allow them to travel alone.** We assign them in houses by pairs to make this easier. If they must take a taxi you are expected to pay their taxi fare and you can give them an estimate of what it should cost each direction so they know ahead of time what to expect. Remind them to always carry their blue cards with your phone number and address in Chinese written on them. It is helpful to have a map with Chinese notations if your house is hard to find. Students may also take the MRT if that is the easiest and most economical way to travel to your home. **They must be accompanied by your son/daughter or a parent/host family member to ensure they know where to get on and off.** Please provide a map and go over details (Station names, locations; time travel, etc.) if you do intend to have them use the MRT.

Where will they eat dinners?

The first night they arrive it is highly possible they will join you for dinner, depending upon their arrival time. Hosts are responsible for providing dinner, if you take your guest out for an early dinner you will be expected to pay for your guests. During the daytime students are expected to pay for their own lunches. Students will eat lunch at the golf course but will need to eat before going to the course on Saturday or bring their lunch with them. Please remember curfew is at 9:00pm each evening (exception for Saturday if the awards banquet runs late). Dinner plans should not go late as everyone needs to be home before the curfew deadline to receive the curfew call. It is not appropriate to take your guests out to dinner and keep them out after curfew.

What kind of sleeping arrangements work best?

We ask that you put the students somewhere with a door they can close, and they like to be two or more in a room. You would tire of them if they occupied your living room, because sometimes they are messy, and this visit should be fun for you and your family. All of our visitors live in tropical countries, so they may appreciate a heater or extra blankets during our cooler months when weather turns cold.

Appendix 4.1 Housing – Hosting Suggestions (cont)

Must we have a bed for each student?

A bed is preferred, but cots, sleeping bags with a mattress on the floor is acceptable. Appropriate cushioning under the ones on the floor is important – to ensure they get a good night sleep. Some of our local stores carry great inflatable mattresses (1400-2000NTD) which can be inflated and deflated electronically and could also come in handy when you have house guests throughout the year.

Must a parent always be home when the students are here?

Yes, one or both TAS parents must be living in the house, sleeping there at night, welcome the students home in the evening and hopefully available to help with transportation. We instruct students to talk about their schedules and daily plans with you each morning (although teenagers usually don't know their plans) this may help ensure that your guests are home and in the house by curfew. **The students must be in your house by nine o'clock each evening. Students may not go back out for any reason after curfew.**

Dinner Plans: Team Dinners are not allowed by IASAS Rules.

Are we expected to take them out for special dinners? Many parents feel they need to make the gesture of showing their guests the sights of Taipei and take them to a special dinner. Because of the pressures of academic work, IASAS events regretfully do not include time for sightseeing in the countries visited. In most cases there really is not extra free time as most days their days are fully scheduled with pre and post event team meetings, planned eating times, rest times and preparing for events. Almost always, the students have to stay close to campus to be ready for their events and to stay well rested for competition. Your son or daughter may want to suggest their favorite places to eat in Tien Mou as students may go off campus to eat lunch or grab a bite on the way home depending on the time. Please advise students regarding travel time to your home especially regarding heavy traffic times in the evenings. If you take your guest out to eat dinner in Tien Mou make sure you plan extra time to get home. **Late night dinners at local restaurants that could extend after curfew are not acceptable even with host parents being present.** If time is limited and students are still hungry please plan to eat at home or order food in if you are concerned they have not eaten enough food.

All guest students and host students should plan to be in between 8:30-8:45pm to avoid problems. If we dismiss late due to event delays students have one hour from the end of the last event to get home for curfew.

If a student has arrived home late, what do we do?

The athlete's coach will call your home each evening after curfew hour, nine o'clock, and is expected to speak to each student. Please be reminded to leave phone lines open to receive curfew calls. Explain that the student is absent, and tell that coach to inform the director who handles it from there. Some families leave a portable phone near to the guests, so that the family is not awakened by the late hour call. Please contact Ms. Kawamoto if you are not receiving curfew calls from your student's coaches. Students may need clarification for dialing if they are using their cell phones.

In case of unacceptable behavior, whom do we call?

You may call a student's coach or his school administrator if one has also made the journey. Their names are listed on housing sheets. All coaches are staying at the Dandy Hotel, 2873-2222. If you cannot reach

Appendix 4.1 Housing – Hosting Suggestions (cont)

the student's coach or his/her school administrator please call: **Kim Kawamoto, Athletics Director, at 0978705505.**

In case of medical emergency, whom do we contact?

Please contact: Ms. Kim Kawamoto (cell: 0978705505). Also make sure to contact the student's coach or school administrator. Hospitals with emergency rooms near TAS are Veterans Hospital, 201 Shih Pai Road and Shin Kong Hospital, 95 Wen Chang Road. **Each visiting coach/AIC will also have a local cell phone and the phone number will be annotated on the housing sheet.**

Will we be notified if a visiting student has a medical condition or religious restrictions? (Housing sheets) Yes it is noted on the housing sheet, however, it is best to ask your guests when they arrive, especially about allergies to pets or diet restrictions. Each school sends us information on their housing form however some things may not be reported to us. Encourage students to report any allergic reactions or other medical issues that arise promptly to their coaches or administrators and Ms. Kawamoto.

How can we make the students feel especially welcome? Encourage your own children to play host too, and talk to them about how they might feel in another city, school, and a stranger's house. Give a house tour on arrival, so that they know where the family, the pets, the kitchen, the phone and so on are located. Open the refrigerator and point out the drinks, sandwich stuff, ice cream, yogurt, cheese or veggies that are there for them to eat. Cereals are popular. Sometimes they are very shy about eating, but often they are very hungry, some students seem to eat nothing, and that's okay too.

Point out their towels in the bathroom and offer them bottled water for brushing teeth. A couple of movies to watch may be welcome. Encourage the students to go to bed when they are tired so their performances will be strong.

How can we arrange carpools if necessary?

In your packets you will find a list of students who are from the same school as your guests. Telephone numbers are provided.

Will the students we host be sociable?

Some students are very social, and some stay mostly in their rooms. They are teenagers! We can't force them to spend time with us, but we can make them feel welcome if they will. We ask that they get to know you and spend time with you their first evening and remember that your house is not a hotel with maid service. They are expected to be courteous and pick up after themselves. It is also a good idea to remind our own students who travel for IASAS to be social with their hosts.

What is expected on Sunday morning for departure?

Most host families bring their guests to TAS by car to say "good-bye" and ensure that their guests are on time and arrive to school safely for their group departure bus. Most departures are very early -- we graciously thank you for all of your hospitality.

Checking in with Parents back home: Most students have their own cell phones therefore they will most likely use their cell phone to check in with parents to let them know they are safe and settled. If a

Appendix 4.1 Housing – Hosting Suggestions (cont)

student does not have a cell phone you might allow them an E-mail or to make a quick phone call upon arrival, much appreciated by parents at home!!

OTHER HELPFUL TIPS:

Encourage participants to drink water, sport drink and have bananas available. Pasta is popular!

Many moms say buffet-style breakfasts are popular and simple: cereals, fruit, yogurt, scrambled eggs, bacon, bagels or muffins. They love pancakes too. Some families buy a selection of these from TAS food service. Recommend TAS food service breakfasts to late risers.

They can help themselves to snacks like vegetables and dip, fruit, popcorn, cheese and crackers, chips and salsa, ice cream, toast and jam or cold cuts, with plenty of sports drinks and water. Some moms keep simple foods that are filling handy in the refrigerator. Anything easy to heat up in the microwave: noodles, spaghetti, rice dish or a plate of sandwiches, all good quick and easy for hunger attacks.

Please contact Athletics Director, Ms. Kim Kawamoto – cell: 0978705505 if you need assistance.

APPENDIX 5 – TAS Style Guide (Amended)

TAS BRAND STYLE GUIDE

The following standards and guidelines were created to bring consistency to the way we communicate about Taipei American School. All TAS community members have a responsibility to present the TAS brand correctly in all forms of communication, whether it occurs in print, online, in clothing, or other items. The following standards and guidelines must be utilized in all print and digital, internal and external communication and in the production of items for school use.

LOGOS

The logo is the face and signature of the brand. It connects the brand to all forms of communication. The more consistent a logo looks and is used, the more likely it will be remembered and make an impact. Please adhere to the following guidelines when using the logos pictured below.

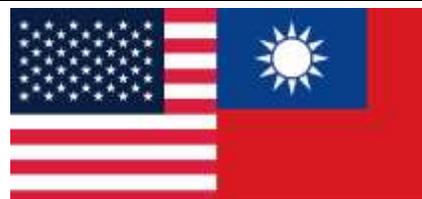
 <p>Athletic's Primary Tiger</p>	<p>The blue may be replaced by yellow. This logo can only go on top of gray, white, blue, and yellow backgrounds. No outline can be used and it must always face right as you look at the print.</p>
 <p>Athletic's Tiger Face</p>	<p>Colors may not be modified. It can only appear on yellow, gray, and white backgrounds.</p>
 <p>Athletic's T</p>	<p>The yellow may be replaced by blue. This logo can be outlined in blue, yellow, or white colors. It can appear on blue, yellow, gray, or white backgrounds.</p>
 <p>Athletics' Go Tigers!</p>	<p>Colors may not be modified. It can appear on blue, yellow, gray, or white backgrounds.</p>

Note that the non-athletic logos may be used as watermarks (when not used on letterhead).

TYPEFACES (FONTS)

Typefaces unify the look of different types of school items that serve various purposes. The typefaces displayed below are suggested for use on items that represent the school. Please adhere to the following guidelines when using these fonts. **Every item produced should at least have "TAS" written on it.**

APPENDIX 5 – TAS Style Guide (Amended) (cont)

Taipei American School (Arial)	Available for school-wide use.
TAIPEI AMERICAN SCHOOL (Agency FB, bold/all capitals)	Available for school-wide use.
<i>Taipei American School</i> (Lucida Handwriting)	Available for school-wide use.
TAIPEI AMERICAN SCHOOL (COLLEGE)	Available for use for any athletic items. Font may be used to write “Taipei”, “Tigers”, or “TAS” as pictured to the left. Font may be written straight or with a 30% arc as pictured to the left.
 	
<i>Taipei Taipei</i> (Ball Park)	Available for use for any athletic items. Font may be used to write “Taipei” as pictured to the left. The blue may be replaced by yellow. This logo can be outlined in blue or yellow. It can appear on blue, yellow, gray, or white backgrounds.
	If using flags on your design/apparel, both US and Taiwan flags must be displayed.

COLOR

Colors make a brand more cohesive and recognizable. Colors are identifiable as the logo and the name, and are important in creating pride and unity. Please adhere to the following guidelines when using the colors pictured below.

	<p>Athletics Blue (Pantone: 282C): R4, G30, B66</p> <p>Athletics Yellow (Pantone: 116C): R255, G205, B0</p> <p>Athletics Gray (Pantone: Cool Gray 5C): R179, G179, B179</p>	The TAS athletic colors must be used on athletic items, and may also be used on any school-wide item.
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BRANDED ITEM PRODUCTION

The Communications/Marketing Officer will oversee and be the final approval authority for the production of all items for distribution through the Tiger Store. Sports-related items must also be approved by an Athletics Director; activity/club-related items must also be approved by the Activities Director; and department and divisional items must also be approved by a divisional administrator. In all cases, the TAS Brand Checklist and Approval Form must be completed prior to contacting the Purchasing Office (see Addendum A; available for download in the parent and faculty/staff portals).

As of Sep 11, 2017

APPENDIX 5.1 – TAS Brand Checklist and Approval Form

TAS BRAND CHECKLIST AND APPROVAL FORM

If you are designing an item for school use, it must meet the criteria described in the “TAS Brand Style Guide”. To ensure your item meets the established standards, complete the following checklist as part of the approval process. This form must be completed and submitted to the Purchasing Office.

Note that the Communications/Marketing Officer will oversee and be the final approval authority for the production of all items for distribution through the Tiger Store. Sports-related items must also be approved by an Athletics Director; activity/club-related items must also be approved by the Activities Director; and department and divisional items must also be approved by a divisional administrator.

Part 1: Logo

Circle the logo(s) used in your design.			
For Athletic Use: Logos are not interchangeable between color schemes.			
Color Scheme A	Color Scheme B	Color Scheme C	Color Scheme D

If you are creating an item for Athletics Use, please go directly to Part 3 below.

Part 2: Colors: If you are using blue and/or yellow, please circle the color scheme below.

COLOR	C	M	Y	K	R	B	G
TAS Blue	100	68	0	12			
TAS Yellow	0	30	100	0			
Athletic Blue Pantone 282C	100	90	13	68	4	30	66
Athletic Yellow Pantone 116C	1	14	100	0	255	205	0
Athletic Gray Pantone Cool Gray 5C	0	0	0	30	179	179	179

Part 3: Approval: All fields are required.

Your Name			
Division/Department			
Item (sweatshirt, t-shirt, mug, towel, etc.)			
Item Says (must select an option)	TAS <input type="checkbox"/>	Taipei American School <input type="checkbox"/>	Both <input type="checkbox"/>
Divisional Administrator or Athletics/Activities Director Signature			
Communications/Marketing Officer Signature			

APPENDIX 6 – US EPA AIR QUALITY INDEX AND TAS AQI RESPONSE CHART

US EPA Pollution Index	US EPA Air Quality Rank	US EPA API and Health Implications	US EPA Health Advisory	US EPA Response	TAS Response
0 - 50	Good	Air quality is considered satisfactory, and air pollution poses little or no risk.			Level 1 0-100 Administrative Review
51-100	Moderate	Air quality is acceptable; however, for some pollutants there may be a moderate health concern for a very small number of people. For example, people who are unusually sensitive to ozone may experience respiratory symptoms.		Unusually sensitive people should consider reducing prolonged or heavy outdoor exertion.	
101-150	Unhealthy for Sensitive Groups	Although general public is not likely to be affected at this AQI range, people with lung disease, older adults and children are at a greater risk from exposure to ozone, whereas persons with heart and lung disease, older adults and children are at greater risk from the presence of particles in the air.		The following groups should reduce prolonged or heavy outdoor exertion: <ul style="list-style-type: none"> • People with lung disease, such as asthma • Children and older adults • People who are active outdoors 	Level 2 101-150 Administrative Review for US/MS/LS Outdoor Activities
151 - 200	Unhealthy	Everyone may begin to experience some adverse health effects, and members of the sensitive groups may experience more serious effects.		The following groups should avoid prolonged or heavy outdoor exertion: <ul style="list-style-type: none"> • People with lung disease, such as asthma • Children and older adults • People who are active outdoors Everyone else should limit prolonged outdoor exertion.	Level 3 151-200 No outdoor activity of any kind at TAS.
201 - 300	Very Unhealthy	This would trigger a health alert signifying that everyone may experience more serious health effects.	Health Alert	The following groups should avoid all outdoor exertion: <ul style="list-style-type: none"> • People with lung disease, such as asthma • Children and older adults • People who are active outdoors Everyone else should limit outdoor exertion.	Level 4 201-300 No outdoor activity of any kind at TAS.
301-500	Hazardous	This would trigger a health warning of emergency conditions. The entire population is more likely to be affected.	Health Emergency		Level 5 301-500 All TAS Classes, Activities and Athletic Programs Cancelled

APPENDIX 7 – LIGHTNING POLICY

Protocol to Evacuate Outdoor Locations: At the sight of a lightning flash, all outdoor activities must cease, and all students, coaches, administrators and any other by-standers should take shelter inside of a building. There is a 30 minute, flash-free period prior to return to play outdoors. Example: At the sight of a lightning flash, the Athletic Trainer will start a 30-minute running clock. Every new flash restarts the clock. When the 30-minute timer runs out, return to outdoor activities may commence.

Two loud, long whistle blows = Clear all fields, tennis courts, golf facility, and any other outdoor location.

One loud, long whistle blow = It is safe to return to outdoor locations.

Primary Protocol:

Thunder Bolt: This handheld device detects and tracks the motion of storm cells by detecting the lightning activity within the cell. We have one device on campus, located in the health and wellness center with the athletic trainer. This device is set to alarm when electrical activity is 5.5 miles/9km away. When the alarm sounds, the Athletic Trainer on duty will blow the whistle accordingly.

Secondary Protocol: Used when practicing off campus or when *Thunder Bolt* detection device is not available.

Flash-to Bang-Method: The National Severe Storms Laboratory (NSSL), National Collegiate Athletic Association (NCAA) and the National Athletic Trainers' Association (NATA) recommend the use of the flash to bang ratio to help determine when cover should be taken when no lightning detector is available. This method requires no equipment and is an easy way to determine the distance from the last lightning strike. To use the flash-to-bang method, begin counting on the lightning flash, and stop counting when the associated thunder is heard. Divide this number (in seconds) by 5 to determine the distance (in miles) to the lightning flash. For example, if the time in seconds between the lightning being spotted and the thunder being heard is equal to 30, divide that by 5, and you get 6 ($30/5=6$). Therefore, that lightning flash was approximately 6 miles away from the observer. While lightning has been recorded to strike at 10 miles, the rule of thumb used for safety is a 6 mile/9.6km distance. Thus, seeking shelter is recommended if lightning is **6 miles/9.6 km** away or less.

Examples of safe and unsafe locations:

1. Safe Locations:
 - a. A building normally occupied by people, with wiring and plumbing that has been grounded.
 - b. If buildings are not available, then certain other spaces are considered safe: vehicles, including school buses, with a hard metal roof (not convertibles or golf carts) with the windows shut. Individuals should not touch the metal framework of the vehicle as well as the steering wheel, ignition keys, and/or radio.
2. Unsafe Locations:
 - a. The showers or plumbing of a building, as well as electrical appliances in a building during a thunderstorm should be avoided.
 - b. Small covered shelters outside, such as dugouts, bleachers, rain shelters, golf shelters, picnic shelters.
 - i. Areas connected to or near light poles, towers and fences
 - ii. Any location which is the highest point in the area

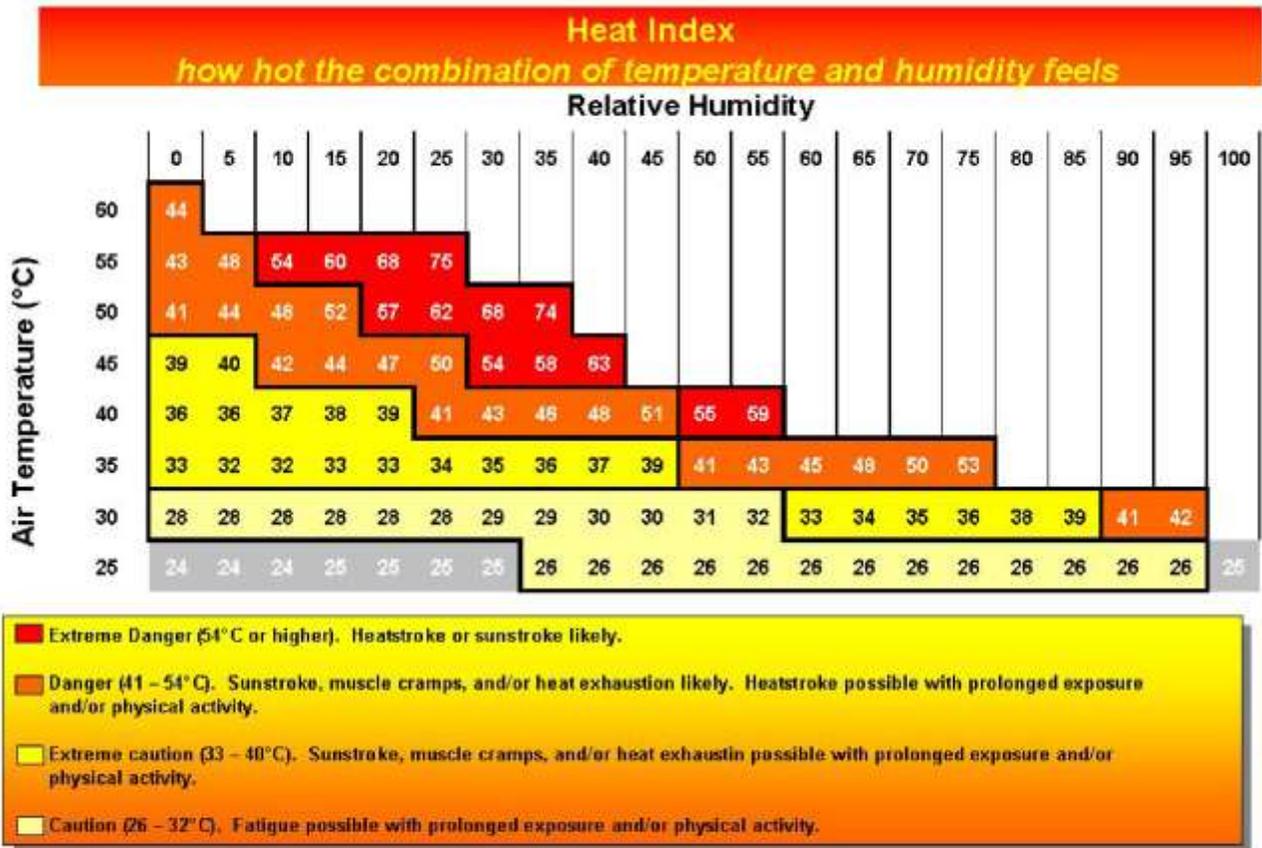
APPENDIX 8 – IASAS HEAT MANAGEMENT GUIDELINES FOR OUTDOOR ACTIVITIES & SPORTS

IASAS HEAT MANAGEMENT GUIDELINES FOR OUTDOOR ACTIVITIES & SPORTS

- The Heat Index will be the chosen measure of heat. Each school is responsible for monitoring Heat Index for IASAS tournaments Staff involved in overseeing IASAS activities need to check readings prior to engaging in these activities to be aware of the zone they are currently in.
- Heat Index should ideally be displayed during tournaments
- Athletic Staff & Tournament Officials should monitor temperature on a regular basis and adjust based on the zone they are in

<p>Heat Index below 33°C</p>	<p>The following actions are standard practice for all IASAS Outdoor Activities</p> <ul style="list-style-type: none"> • The School shall provide adequate water supply at all teaching stations. • Staff should inform athletes to apply sun lotion before, games and activities. • Athletes should be encouraged to wear hats where applicable • All athletes and athletes should bring water bottles to IASAS events • Recommended water breaks every 30 minutes. • Where possible spend half times, rest periods and other coaching moments in shade provided around facilities. • Athletes that want to take a break should do so at any time. • Staff to watch/monitor players carefully.
<p>Heat Index 33-40°C</p>	<p>All actions as per Heat Index Ratings under 33°C additionally:</p> <ul style="list-style-type: none"> • During competition, athletes should be rotated out on a regular basis • Coaches identify athletes who present a higher risk of suffering from heat related illnesses and provide these athletes with an adequate rest • Coaches should brief athletes of increased risk at beginning of games of increased heat illness risk within and above this zone. • Athletes showing signs and symptoms of heat related illness should withdraw from the activity and be escorted to the nurse • Recommended water breaks every 20 minutes. • Misting Fans/Iced Towels should be utilized for outdoor activities • Suggestion is that lessons take place in shade as much as possible • Modify training and/or games to allow for regular hydration and rest
<p>Heat Index 41-54°C</p>	<p>All actions as per Heat Index Ratings under 33-40°C additionally:</p> <ul style="list-style-type: none"> • Coaches should clearly brief athletes of extreme risk of heat illness within this zone and exclude athletes who have not hydrated throughout the day. • Recommended water breaks every 15 minutes • When athletes are not competing they should be moved to shaded areas or indoor air-conditioned venues where possible • Athletes showing signs and symptoms of heat related illness should withdraw from the activity and be escorted to the nurse • Electrolyte consumption should be encouraged and utilized for athletes practicing and competing in this zone • Maximum duration of exposure in this temperature is one hour. • Practices and or fixtures can be cancelled at the discretion of the Athletics Director/Head of Safety
<p>Heat Index above 54°C Heat Stroke Imminent & Extreme Risk</p>	<ul style="list-style-type: none"> • All non airconditioned activities are cancelled

APPENDIX 8 – IASAS HEAT MANAGEMENT GUIDELINES FOR OUTDOOR ACTIVITIES & SPORTS (cont)



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Based upon Formulation by National Weather Service El Paso Forecast Office

APPENDIX 9 – ACKNOWLEDGEMENT/PARTICIPATION FORM SIGNATURE SHEET

This student-athlete/parent handbook is a supplement to the Upper School Student Handbook. Though not exhaustive, it contains important general information and expectations for Taipei American School (TAS) student-athletes and parents. In order to be properly informed of the policies of TAS athletics, both student and parent should review each section of this handbook. This also serves as a parent permission form for your child to participate on TAS athletic teams. Parents and students both must sign this completed form, and students must return this page to the Upper School Athletics office prior to the first tryout date, **10 August 2017**. [Digital Signature Accepted from parent portal (for parents) and US sign-ups (for student-athletes just select “YES” in the sign up form to acknowledge you’ve read and reviewed the handbook and this form)].

Please print clearly.

Student Name: _____ Grade _____

Student ID # _____ Sport(s) _____

Parent Name: _____

Athletic Responsibilities Acknowledgment

1. Prior to participating in any practice or tryout sessions for any TAS Athletics sport, each athlete must successfully pass a physical examination by a registered physician. A copy of the Physical Examination form must be on file in the Nurses office.
2. The Student Athlete and Parent must acknowledge and agree to the following statements:

As a TAS student-athlete participating voluntarily in interscholastic athletics, I understand that:

1. I will abide by TAS’s rules as outlined in the TAS Student-Athlete Parent Handbook, the coach’s team rules, and/or **IASAS conference rules (outlined in Appendix 4)**. Violations may result in suspension or dismissal from the team and further disciplinary action from the US administration or Athletics Director.
2. I will conduct myself in an exemplary manner at all times, in accordance with TAS philosophy of athletics.
3. I will be responsible for all athletic uniforms and equipment issued to me throughout the season. I will return such equipment at the conclusion of the season, and I will cover any damage or loss to such equipment paying the current replacement cost for any of the equipment and **NTD\$4000** for uniforms not accounted for by me at the end of the season.
4. I will not use or be in possession of tobacco, alcohol or other drugs at any point in the season. If I do use any of these substances, am in possession of such substances, or am suspended from school for use or possession of these substances, I will be subject to disciplinary action and possible dismissal from the team.
5. I acknowledge that I have been properly advised, cautioned and warned by administrative and coaching personnel of TAS that I am exposing myself to risk of injury, including but not limited to, the risk of sprains, fractures, and ligament and/or cartilage damage which could result in a temporary or permanent, partial or complete impairment in the use of my limbs, brain damage, paralysis; or even death. Having been so cautioned and warned, it is still my desire to participate in sports and to do so with full knowledge and understanding of the risk of injury.
6. I, along with my parents, certify that I have read and understand all the policies of the TAS Student-Athlete Parent Handbook and in order to eligible for participation I must comply with all the requirements listed.
7. I acknowledge that if I am participating in a Varsity team I will be required and will be able to travel internationally to exchanges and IASAS events, which will require a financial commitment, **a current**

foreign passport (non Taiwanese) with six months validity for the dates of travel and where necessary, an eligible visa in order to travel.

8. I understand that as a TAS Student-Athlete I am required to house athletes from other schools when TAS hosts athletic events that involve traveling teams. The minimum requirement is to house once per sport that I am involved in. I understand that if I am unable to house I will find a replacement.

As a parent of a TAS athlete participating voluntarily in interscholastic athletics, I understand that:

1. I hereby give my consent for my child to represent his/her school in athletic activities and associated travel. ***I understand my child must travel with a valid Alien Resident Certificate (ARC) and MUST use a foreign passport (not Taiwanese) that has at least six months validity, for all school sponsored trips.***
2. I authorize the school to obtain, through a physician of its choice, any emergency medical care that may become reasonably necessary for the student in the course of such athletic activities. (NOTE: The school will make every effort to make use of your child's health and injury information).
3. I agree we/I will not hold the school or anyone acting on its behalf responsible for any injury occurring to the above-named student in the course of such athletic activities or such travel.
4. I have read the eligibility rules and regulations of athlete participation listed above (Student Agreement, bullets 1-8) and fully understand and support them. I further understand that should there be a time whereby either my son/daughter or the school is not in accordance with these guidelines, I may request a conference within three calendar days of such time with the school personnel – Athletic Director and/or coach to discuss the matter further.
5. **I understand that as a parent of a TAS athlete I am required to house athletes from other schools when TAS hosts athletic events that involve traveling teams. The minimum requirement is to house once per sport that my child is involved in. I understand that if we are unable to house my child will find a suitable replacement.**

The signatures below confirm our acknowledgement and understanding of the information in the TAS Athletics Student-Athlete/Parent Handbook and serves as parental consent for my child to participate on TAS competitive sports teams. We acknowledge the importance of complying with both the letter and the spirit of the rules, regulations, and guidelines contained in the handbook to include all IASAS rules and guidelines as outlined in Appendix 4. We further acknowledge that these policies are not exhaustive and do not bind TAS, and that TAS may modify, depart from, or replace these policies without notice.

Student Signature: _____ **Date:** _____

Parent Signature: _____ **Date:** _____